

## Session on Deconstructing Beauty Standards

The counselling department has organised a session **Deconstructing Beauty Standards by Body Banter for students of grade IX**. Body Banter is a community organisation with chapters across the world that aims to create opportunities for students and young people to engage in open conversations about body image and mental health.

**The details are as follows:**

**Topic:** Body Banter's Talk on Deconstructing Beauty Standards

**Time:** Jan 12, 2021 at 12:45 PM India

**Join Zoom Meeting:** [https://us02web.zoom.us/j/89208831331?](https://us02web.zoom.us/j/89208831331?pwd=Y1BwaFNnaWYxSTkyQXUxTXB1MHZIZz09)

[pwd=Y1BwaFNnaWYxSTkyQXUxTXB1MHZIZz09](https://us02web.zoom.us/j/89208831331?pwd=Y1BwaFNnaWYxSTkyQXUxTXB1MHZIZz09)

**Passcode:** 86428

### About the speakers:

1. **Sonal Govila** is the Creative Director of Body Banter as well as an alumna of Sanskriti School from the 2013 batch.
2. **Steph Ng** is the Founder of Body Banter.

**NOTE :** It is mandatory for all grade IX students to attend the session. The zoom link will direct you to a page where you can either choose to open it in the application if it is installed, or to 'Join From Your Browser' if you do not have the application installed.